



INDIVIDUAL STUDENT ASTHMA MANAGEMENT PLAN And AUTHORIZATION for the ADMINISTRATION OF PRESCRIBED MEDICATION

STUDENT INFORMATION

School: _____

Student Name: _____

Date of Birth: _____ Age _____

Grade: _____ Teacher: _____

Address: _____

Home Phone Number: _____



EMERGENCY CONTACTS (list contact in order of priority):

Name	Relationship	Daytime Phone	Alternate Phone

KNOWN ASTHMA TRIGGERS

- Colds/Flu/Illness Physical Activity/Exercise Pet Dander Dust
- Mould Pollen Cigarette Smoke Strong Smells
- Cold Weather Grass and Trees Allergies (specify)

Anaphylaxis (specific allergy): _____

Other _____
(specify): _____

Asthma Trigger Avoidance Instructions: _____

RELIEVER INHALER USE AT SCHOOL AND DURING SCHOOL-RELATED ACTIVITIES

A reliever inhaler is a fast-acting medication (usually blue in colour) that is used when someone is having asthma symptoms. The reliever inhaler should be used:

When student is experiencing asthma symptoms (e.g. trouble breathing, coughing, wheezing)

Other (explain): _____

Use reliever inhaler _____ in the dose of _____
(Name of Medication) (No. of puffs)

RELIEVER INHALER USE AT SCHOOL AND DURING SCHOOL-RELATED ACTIVITIES (Continued)

Spacer (aerochamber valved holding chamber) provided? Yes No

Eg:



Place a check mark beside the type of reliever inhaler that the student uses:

 Salbutamol  Airomir  Ventolin  Bricanyl

Other (specify): _____

INHALER ACCESSIBILITY

Inhaler must be **readily accessible** by teacher/supervisor.

Reliever inhaler is kept:

With teacher/supervisor – location: _____

In locker #: _____ Locker combination: N/A

Other location (specify): _____

Student **will carry** his/her reliever inhaler **at all times** including during recess, gym, outdoor and off-site activities, and field trips.

Reliever inhaler is kept in the student's:

Pocket

Backpack/fanny pack

Case/pouch

Other (specify): _____

SPARE INHALER

Student's **spare** reliever inhaler is kept:

In main office (specify location):

In locker #: _____ Locker combination:

Other location (specify):



SAMPLE